

1. Machine dry all clothing items, linens, and bedding. Place them into clean trash bags, then place the bags in the center of the room. Laundering tips: change the lint trap between loads; throw away (outside of your house) any laundry bags used to transport items to the laundry room.
2. Remove books and knick-knacks from shelving units and put them into plastic trash bags or sealable bins. Place bags/bins in the center of the room.
3. Vacuum daily, and empty the bag or cylinder into the outside trash. Pull out the beds from the wall and vacuum behind the headboards of all beds.
4. Make sure the house is clean of all debris and mess so that you can get to any area of the home for treatment.
5. Make sure to keep the home clean throughout the entire process to avoid future harborages for the bed bugs.

Post Treatment

Do not return home for a minimum of 4 hours. This allows time for complete drying and dust settling. When you return, you may continue your usual household activities, but I recommend that you not move your clothes or other items back into place if at all possible until the 4 treatments are done.

Treatments are every 2 weeks and you will need to do 3-4 treatments. Continue to keep all laundry bagged up and sealed. You can rotate what you wear out of the clothes that are sealed. You may also opt to get sealable plastic bins